

**Longridy**

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why aren t dum dums bigger most of our fans feel dum dums are just the right size for a perfect treat they are quick convenient and packed with flavor they re just right for kids

one of the most appealing aspects of dum dums especially for those mindful of their intake is their frequently advertised low calorie count each standard sized dum dum lollipop is

Jun 29 2024      dum dums are small colorful lollipops that serve as a low calorie treat with each lollipop containing about 20 25 calories this makes them an excellent option for satisfying

feb 20 2024 there are 60 calories in 3 pops of dum dum lollipop get full nutrition facts for other dum dum products and all your other favorite brands

a single dum dum lollipop contains approximately 25 calories this sweet treat provides a quick burst of energy primarily from sugar but understanding its nutritional content can help you

nutrition facts for dum dums dum dums original pops view calories protein carbs fats vitamins minerals and more

jun 15 2023 while dum dums lollipops may be small in size they do contain a modest amount of calories on average each dum dums lollipop contributes approximately 20 calories to your

a dum dum lollipop typically contains around 25 to 30 calories per piece making it a relatively low calorie treat the calorie content is primarily derived from the sugar and corn syrup

nov 3 2025 a standard size dum dum lollipop contains about 25 calories derived almost entirely from sugar and corn syrup with no significant fat or protein it is a low calorie treat

what are nutritionix track app users eating from dum dums go 1 2

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