Theology And Sanity

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theology and sanity is a brilliant exploration of the profound truths at the heart of catholic theology with clarity and intellectual rigor frank sheed delves into the mysteries of faith inviting readers to engage with the timeless questions that have shaped humanity s understanding of god existence and salvation in this masterful work sheed tackles complex topics such as the nature of god the incarnation the trinity and the purpose of human life drawing from scripture tradition and reason he weaves a tapestry of theological insights that both challenge and inspire sheed s prose is elegant and accessible making even the loftiest concepts approachable for readers of all backgrounds whether you re a seasoned theologian or a curious seeker theology and sanity offers a refreshing perspective on the catholic faith sheed s passion for truth shines through every page inviting readers to grapple with the profound mysteries that lie at the heart of our existence

i played with the thought of dedicating this book to all who know less theology than i it would have sounded flippant but it would have been exact there are thousands who know more theology than i and for them i have no message they must teach me but there are thousands who know less and less is not enough i must try to teach them this book contains theology not the great mass of it that theologians need but the indispensable minimum that every man needs in order that he may be living mentally in the real world which is what the word sanity means in my title

presents a comprehensive study that examines how the layman can take a more active role in the church by understanding the basic aspects of theology and its importance in today s world

frank sheed has revised and updated his masterpiece theology and sanity in its new form retains all the fire and clarity of the original is still profoundly committed to and itself a fine example of the rationality of christian faith but now takes full account of the many changes which have taken place in the chruch in the thirty five years since the first edition was published

the acclaimed catholic writer and apologist frank sheed presents one of the most clear and outstanding explanations of the central doctrines of the christian faith ever written he starts with a compelling case of good reasons for anyone to study theology and the wonderful rewards that accompany such a pursuit after explaining how god is spirit sheed examines god s infinity and man s creation from nothing he then covers in depth such key doctrines as the trinity the fall the incarnation and redemption the mystical body grace and the sacraments and the last things for those to whom these doctrines seem formidable sheed brings a fresh approach with lucid and carefully reasoned prose his beautiful insights and clear explanations will help stir our minds to the inspiring truth of the spiritual realities at the center of human existence

in this work one of sheed s more popular titles he defines sanity as living mentally in the real world he argues that some of the more important elements of reality cannot be known save through theology this book contains as much theology as one must know to be at home and aware in the real world the first section treats of god as the human mind might discover him as he has revealed himself the second section treats of the universe god made particularly humanity and what has happened to it the third section considers what the life of man should be

if there are two words that seem not to fit together they are society and sanity spend twenty minutes on the freeway or ten minutes reading the newspaper or ponder the religious and political conflicts in some regions of the world and you will understand the point yet if people are to thrive to live fully and together in peace we must have sanity when it comes to society and that requires sanity when it comes to thinking about man sanity involves seeing things as they really are social sanity requires seeing man as he really is to grasp who and what human beings are and what sort of social arrangements help or hinder human flourishing in this classic work society and sanity catholic thinker frank sheed brings his brilliant mind and lucid writing style to bear on the good human society by explaining perennial truths about human nature based on the wisdom of catholic social ethics sheed s book is as pertinent today with our controversies about love the nature of marriage the role of government the relationship of law and morality and of church and state and the duties of the citizen as when he penned the work over a half a century ago

this work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it this work is in the public domain in the united states of america and possibly other nations within the united states you may freely copy and distribute this work as no entity individual or corporate has a copyright on the body of the work scholars believe and we concur that this work is important enough to be preserved reproduced and made generally available to the public to ensure a quality reading experience this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy to read typeface we appreciate your support of the preservation process and thank you for being an important part of keeping this knowledge alive and relevant

atheists deny we can know god because they deny there is a god to know but even believers who affirm gods existence sometimes dont know him they dont know much about god because they neglect to think much about god and what god has revealed about himself they accept that there is a god but they dont give much thought to what god is like and even if they know a great deal about god in the sense of being able to state truths about him they dont necessarily know him personally and intimately in knowing god previously titled god and the human mind the great catholic writer teacher and publisher frank sheed helps readers to know that god exists to think about who and what god is and to know god personally he clears away popular misunderstandings of god often held by otherwise knowledgeable people a masterful lucid writer sheed is not timid about tackling the most challenging questions the human mind can pose about god yet he does not reduce divine mystery to dry propositions or neglect the necessity of faith sheed acknowledges the limits of human words and human minds when it comes to god at the same time he carefully explains the meaning of spirit the role of theology and revelation including the place of the bible in the church and the experience of god in mysticism in the final

section sheed goes into the heart of the mystery of god exploring god as the trinity and the difference the trinity should make in understanding god and ourselves

in theology for beginners the late frank sheed conveys all his own excitement about theology and shows us how to pass that excitement on to others his book is now established throughout the english speaking world as one of the outstanding modern introductions to theology for the layman

considered one of frank sheed s best books a map of life is also regarded as one of the best and most popular short summaries of the catholic faith ever written focusing on the major truths of our existence and purpose in life sheed draws on god s revelation to show what the divine master plan is for us and how each part of the plan is related beginning with the problem of life s purpose and the problem of life s laws he covers such important parts of the map of life as the creation and fall the incarnation the mystical body the trinity law and sin the supernatural life and heaven purgatory hell

people whose day to day lives have not been changed through knowing christ fill the pews of today s churches says the urbane astutely provocative f j sheed a modern day jeremiah in a two piece suit likewise sheed asserts church leaders exhibit similar lacks and neither clergy nor laymen are blind to nor silent about the others weaknesses sheed charges that both share a common failure to consider christ in their scathing criticisms as they propose both radical change and a return to old ways to correct the problems they see says sheed i have fallen into a way of reminding the objectors that an administration is necessary if the church is to function but christ is the whole point of that functioning writing from the perspective of a half century preaching career which began on a corner soapbox in london this man who expressed concern that people more than ever don t find god interesting shows in this book that more than ever he does his main question in this book for all of us to answer is how real is christ to us how well do we know him what strong desire have we to know him better sheed is perhaps more qualified than almost anyone to write about the christ who has been forgotten in today s world few laymen have had such wide and varied contacts within the christian world and seen the private face of so many of its public men sheed had conversed with and published most of the leading christian writers of the twentieth century

2016 reprint of 1957 edition full facsimile of the original edition not reproduced with optical recognition software this book begins with some of the reasons why the laity should bother with theology at all showing it as food and light for the soul without it one might live an undernourished life these key ideas are carefully examined spirit mystery god s infinity and man s creation from nothing he trinity man s fall the incarnation and redemption the mystical body and our lady as its first member grace and the sacraments and more

how cultivating a healthy fear of god liberates us from our fear of others our fear of the future and even our fear of death itself at times the world feels like it s losing its mind from politics to the pandemic we live with an ever increasing uncertainty and many of us have grown to fear the rapid disintegration of our society and our own lives recovering our sanity is not another self help book about how to beat your daily fears for a better life it s a book that will show you the gravity and glory of a god who s worthy of our fear it s a book that will reveal how these two biblical phrases fear god and do not be afraid are not contradictory but actually one coherent message michael horton professor of theology and apologetics at westminster seminary shows us that we cannot fight our fears by seeking the absence of fear altogether but by living with a fear of god that drives out the fear of everything else horton will walk you through the case for the fear of god by developing what it means to fear god biblically and theologically and what this kind of fear looks like in practice categorizing different types of fears from cultural anxiety to pain and hardship and what they stem from focusing on how to confront our earthly fears with our hope in christ rooted in the gospel reminding us that god does not exist for us we exist for god humbling thought provoking and hope igniting recovering our sanity delivers a timely message that will help you shift your focus from a human centered obsession with self preservation to a fixation on christ and his salvation rather than clinging to false securities and promises of immediate gratification you can gain the lasting joy of knowing the one who has given himself to save us and who says to us do not be afraid

a book for all of us who barely know jesus christ and seek to encounter him

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