## **Weisss Herbal Medicine Classic Edition**

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the classic edition is back first published in 1988 weiss s herbal medicine is revered by herbalists and medical professionals alike as the seminal work in the field of phytotherapy this book has established itself as an indispensable resource and is widely acknowledged as the key text in the field of medical herbalism you will find clear detailed information on treating conditions ranging from colds and influenza to rheumatic problems metabolic and endocrine disorders cancer and much more conveniently arranged by organ system the text provides guidelines for prescribing herbal remedies with sections on dosage application and precautionary measures plus for each plant discussed you will find lists of their occurrence botanical features differentiation from related species constituents and medical benefits proprietary formulations full references and a comprehensive subject index of almost 2 000 entries round out the superb coverage weiss s life s work examines the subject of herbal medicine from both a clinical and practical viewpoint

incorporating his personal observations and clinical experience with scientific studies this material formed the basis of herbal medicine 2e also by thieme the second edition revised expanded and modernized by volker fintelmann streamlines the work into a more clinical text incorporating the latest scientific research and commission e findings on the efficacy of herbs this edition is recommended for allopathic physicians and other medical professionals who are new to the field of herbal medicine professor rudolf fritz weiss 1895 1991 is highly regarded as the founding father of modern german phytotherapy he studied botany and medicine at the university of berlin qualifying as a doctor in 1922 and subsequently taking additional qualifications in internal medicine a teaching post in herbal medicine was interrupted by war service as an army doctor followed by seven years in russian captivity as a doctor in prisoner of war camp hospitals after retiring from clinical practice in 1961 he devoted his life to the scientific development and acceptance of herbal medicine weiss was appointed as a member of the german commission e in 1978 he was founder and editor of the zeitschrift fuer phytotherapie and lectured on current advances in the subject at the university of tuebingen

this is the softcover version of the classic herbal medicine by r weiss the book is organized by organ system and their disorders the application of herbal therapies is explained and complemented by prescriptions for the preparation of herbal remedies new features of this edition include in depth discussion of the current status of phytotherapy highlighted boxes with prescription information in each chapter two new quick reference sections an alphabetical list of herbs and the disorder they are used for and an alphabetical list of disorders and the herb that can be used for treatment rudolf weiss was a leading practitioner and founding father of modern german phytotherapy who was a practicing md before becoming interested in herbal medicine in addition to its primary market the herbalist in clinical practice and advanced student its structure and scientific orientation make it accessible to the orthodox medical practitioner

with the new contribution of dr volker fintelmann weiss s classic text on herbal medicine has been expanded and refocused to meet the needs of practicing physicians residents students and other clinicians arranged by organ system the book s clear structure and scientific orientation make the topic of herbal medicine accessible to even the most traditional medical doctor you will benefit from the newest research clinical studies and the pivotal findings of the german commission e on the efficacy of herbs special features include in depth coverage of the state of the art of phytotherapy key prescription information highlighted in each chapter superb color photographs throughout the text two new quick reference sections that maximize your access to the material by herbs and the disorder they are used for and by disorder and the herbs used in its treatment volker fintelmann md is a licensed doctor of internal medicine and gastroenterology former chairman of the german commission e his work focuses on the practical and methodological development of herbal medicine rudolf fritz weiss md 1895 1991 author of the first edition of herbal medicine is highly regarded as the founding father of modern german phytotherapy he studied botany and medicine at the university of berlin qualifying as a doctor in 1922 and

subsequently taking additional qualifications in internal medicine a teaching post in herbal medicine was interrupted by war service as an army doctor followed by seven years in russian captivity as a doctor in prisoner of war camp hospitals after retiring from clinical practice in 1961 he devoted his life to the scientific development and acceptance of herbal medicine weiss was appointed as a member of the german commission e in 1978 he was founder and editor of the zeitschrift fuer phytotherapie and lectured on current advances in the subject at the university of tuebingen

this full color reference offers practical evidence based guidance on using more than 120 medicinal plants including how to formulate herbal remedies to treat common disease conditions a body systems based review explores herbal medicine in context offering information on toxicology drug interactions quality control and other key topics more than 120 herbal monographs provide quick access to information on the historical use of the herb in humans and animals supporting studies and dosing information includes special dosing pharmacokinetics and regulatory considerations when using herbs for horses and farm animals expanded pharmacology and toxicology chapters provide thorough information on the chemical basis of herbal medicine explores the evolutionary relationship between plants and mammals which is the basis for understanding the unique physiologic effects of herbs includes a body systems review of herbal remedies for common disease conditions in both large and small animals discusses special considerations for the scientific research of herbs including complex and individualized interventions that may require special design and nontraditional outcome goals

this is the first definitive book to draw on unique unpublished professional expertise about the reshaping of herbal medicine in the uk this book outlines the outcomes of recent examinations and poses challenging questions about the direction of future herbal medicine policy within the uk contributions from senior members of the european herbal practitioners association well written and presented includes vital issues such as divergent herbal traditions in the uk history of herbal medicine in europe patient and public safety and cultural issues faced integrating traditional systems of medicine within an allopathic medical model

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in spite of increasing urbanisation a large proportion of the indian population has retained its reliance upon the traditional approach to healthcare and continues to consult traditional medicinal practitioners tmps for medical treatment india is sitting on a gold mine of well recorded and well practised knowledge of traditional herbal medicine amongst the ancient civilisations india has been known to be a rich repository of medicinal plants the rig veda yajur veda and atharva veda and later on the charaka samhita and the sushruta samhita described the properties and uses of

plants in compounding of drugs and these are still used in classical formulations the present book herbal medicine traditional practices contains 17 articles on different aspects of the subject the book incorporates articles on traditional phytotherapy for jaundice medicinal plants used against gynaecological morbidity indigenous knowledge for curing and preventing paediatric diseases herbal traditional medicine for sensory organ diseases and other ethnomedicinal plants used by tribals of india articles on recent approaches in the development and standardisation of formulations of herbal drugs and the role of biotechnology in their upgradation provide excellent information on the topic the book also covers topics on conservation of medicinal plants in india strategy for development of medicinal and aromatic plants and application of industrial wastes for growth of medicinal and aromatic plants articles on traditional knowledge system about veterinary health care provide information on plants used for curing animal diseases in addition general articles namely some plants botanical enigme and hypoglycaemic impact of spirulina algae have added to the value of the book the present book provides excellent glimpses of the rich herbal medicine and traditional knowledge heritage of india the present book will serve not only as an excellent reference material but also as a practical guide for herbal healers vaidyas hakims research workers and students in the field of medicinal plants

a comprehensive resource of medical and herbal interventions related to women s health issues botanical medicine for women s health provides a unique combination of traditional and modern scientific data on herbal medicine written by aviva romm md an experienced herbalist physician and midwife this guide blends a clinician sensitive and patient centered approach to women s health issues coverage of menstrual health fertility breast conditions and more makes this an essential resource for everyday practice winner of the 2010 american botanical council s james a duke excellence in botanical literature award expert author dr aviva romm combines her experience as an herbalist physician and midwife for a fully integrated approach to medical and botanical interventions convenient organization begins with herbal medicine and then covers health conditions organized chronologically by lifecycle help you understand the relationship between herbal medicine and women s health plant profiles include principle uses clinical indications and safety information on the 10 most commonly used botanicals for women s health detailed illustrations and professional plant photographs enable you to identify herbs visually as well as by substance make up specialized focus on women s health and botanical medicine provides the specific information you need for treating women at any stage of life content on over 150 botanicals for over 35 different conditions make this a comprehensive resource for current evidence based information appendices on common botanical names guick dose reference charts adverse interactions and botanical medicine resources offer practical information at a glance over 30 expert contributors with a combination of practical experience as clinicians and teachers provide a unique clinically based perspective on botanical medicine each chapter follows a consistent format particularly when it comes to presenting a health condition and is 2.7 pages in length the chapter coverage includes a definition of the condition a brief discussion of the incidence of the condition the etiology the pathophysiology clinical manifestations diagnosis including relevant tests suggested medical management prevention and botanical treatment strategies including pertinent nutritional information typically prescribed by those using botanical medicines when applicable

an updated and expanded edition of the definitive guide to adaptogenic herbs includes a materia medica with monographs covering 25 adaptogens including eleuthero ginseng rhodiola schisandra ashwagandha licorice shatavari reishi and holy basil as well as complementary nervines restorative tonics and nootropics explains how adaptogens increase the body s resistance to adverse influences increase energy and stamina and counter the effects of age and stress on the body details the actions properties preparation and dosage for each herb and their uses in ayurveda and chinese medicine and as remedies for animals every day our bodies strive to adapt and stay balanced energized and healthy yet chronic stress and the resulting elevation of stress hormones such as cortisol have been shown to be major factors behind not only fatigue and weight gain but also many chronic and degenerative diseases in this updated edition of the definitive guide to adaptogenic herbs clinical herbalist david winston and researcher steven maimes provide a comprehensive look at adaptogens non toxic herbs such as ginseng eleuthero and ashwagandha that help the body adapt to the many influences it encounters and manage the stresses it experiences they also increase stamina and energy boost cognitive function restore the immune system and counter the effects of aging especially when used in appropriate combinations beginning with a history of the use of adaptogens including in ayurveda chinese medicine and russian medicine the book examines how these herbal remedies work and why they are so effective at combating stress induced illness and ailments the extensive materia medica includes monographs on 25 adaptogens including eleuthero ginseng rhodiola schisandra ashwagandha shatavari reishi and holy basil as well as complementary nervines restorative tonics and nootropic herbs such as milky oats astragalus st john s wort and ginkgo each monograph presents the latest scientific research and details the origin traditional and clinical uses actions properties preparation and dosage for each herb the book also includes guidance on adaptogenic remedies for our animal companions aimed not only at herbalists but also those interested in natural health this guide to adaptogens will allow you to safely and effectively use these herbal remedies to enhance your health and improve your chances of living a longer healthier and well balanced life

highly researched and referenced complementary and alternative medicine for health professionals a holistic approach to consumer health educates students about the many complementary and alternative medicine cam modalities that are available in addition to the more traditional methods that exist early chapters provide an overview of both traditional and alternative medicine scientific method and steps in scientific research and look at the cost of health care in the u s later chapters introduce students to integrative medicine and provide a thorough overview of cam practices employed today topics that are covered include acupuncture meditation herbals and aromatherapy by reading this text students will become astute at

distinguishing among those traditional and cam health practices that are helpful those that have been scientifically tested and those that may offer no benefit case studies throughout the text give students an opportunity to apply material and ideas to real life situations

provides new ideas to address today s global development challenges evaluating past experience and exploring answers for the future

four hundred of the world's leading alternative physicians contribute safe affordable and effective remedies for more than 200 medical conditions ranging from common health problems like allergies asthma and obesity to serious illnesses like cancer heart disease and aids illustrations copyright libri gmbh all rights reserved

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